



Freud's Last Session

1:30pm and 8:00pm PG-13 1h 48m

Apr. Anthony Hopkins, Matthew Goode, Liv Lisa Frie

Freud invites iconic author C.S. Lewis to debate the existence of God. And his unique relationship with his daughter, and Lewis' unconventional relationship with his best friend's mother.

Directed by Matt Brown



Guy Ritchie's The Covenant

1:30pm and 8:00pm Rated R for Adult Situations 2h 3m

Apr. Jake Gyllenhaal, Dar Salim, Sean Sagar

During the war in Afghanistan, a local interpreter risks his own life to carry an injured sergeant across miles of grueling terrain.

Directed by Guy Ritchie



Iron Claw

1:30pm and 8:00pm Rated R for Adult Situations 2h 12m

Apr. Zac Efron, Jeremy Allen White, Harris Dickinson

Sons. Brothers. Champions. The true story of the inseparable Von Erich brothers, who made history in the intensely competitive world of professional wrestling in the early 1980s.

Written and directed by Sean Durkin



Poor Things

Apr. 1:30pm and 8:00pm Rated R for Adult Situations 2h 21m

Emma Stone, Mark Ruffalo, Willem Dafoe

Contact Contac

(<u>Disclaimer: Use of Adult Content</u>). The incredible tale about the fantastical evolution of Bella Baxter, a young woman brought back to life by the brilliant and unorthodox scientist Dr. Godwin Baxter. Directed by Yorgos Lanthimos





Dermatology to You!



Did you know?

1 in 5 Americans will develop skin cancer by the time they reach 70. Book your convenient skin cancer exam today!

Lakes of Delray

Tue. April 9th | Onsite from 9:00am-4:00pm in Clubhouse Lot Sign-up table at Pool Deck: Tue. March 19th & April 2nd from 12-3pm



According to Google Reviews, OnSpot Dermatology is the #1 rated dermatology practice in Florida



OnSpot is in-network with major insurances and has competitive self-pay rates



A 15-Minute Skin Cancer Exam Could Save Your Life

Call (941) 444-0011 or visit onspotdermatology.com/lakesdelray to book



If you have recently purchased an apartment (within the last year) and have not attended a prior Meet and Greet - Please join us!

Friday - April 12, 2024 | 11AM | Large Card Room

You must bring your LOD ID for admittance. Meet some of our Board Members and our Welcome Committee. Get valuable info about your NEW Community. Obtain informative knowledge on both Association and Clubhouse processes and how to navigate through the Lakes of Delray.

Thank you to our Board Members and our Welcome Committee for your continuous efforts in welcoming our neighbors into the community.

Reservations appreciated, so please RSVP by calling Board of Director and Committee head, Dave Passman 917-543-6661

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PODIATRIST

Dr. Jonathan R. Selbst, DPM (561) 638-8635

SAME & NEXT DAY APPOINTMENTS

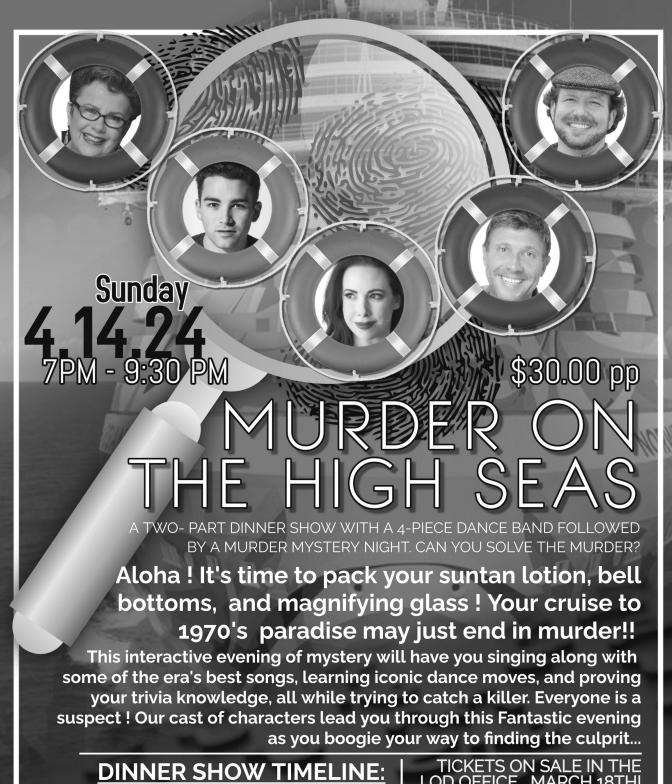
LOCATED IN THE ROSS PLAZA ON ATLANTIC AVENUE & MILITARY TRAIL

- ·Diabetic Foot Care
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- ·Heel Pain/Heel Spurs ·Neuropathy
- ·Bunions & Hammertoes
- ·Wound Care

5175-F West Atlantic Ave. Delray Beach, FL 33484

www.DelrayFoot.com





Dinner & Dance w/ 4-piece Dance Band
7- 8pm in LOD Ballroom
Intermission & Clean-Up
8- 8:15pm in LOD Ballroom
Murder Mystery Show
8:15- 9:30 pm in LOD Ballroom

TICKETS ON SALE IN THE LOD OFFICE, MARCH 18TH!
Dinner is provided by the attendee and NOT LOD. Dinner is optional.
LOD will provide Coffee/Tea and ice. Table assignment is set. Dinner & dance is optional prior to show.
Price is set. Dress code enforced.
No beach nor athletic wear.



This is a free community event, designed to encourage healthy lifestyles, prevent and manage disease and connect you to resources.

(2) SESSIONS OF FITNESS EQUIPMENT ORIENTATION

Free 30 min training with a professional trainer. Sign up in the LOD office required. Limited space.

9:00 to 10:00- FITNESS CENTER

(2) SESSIONS OF YOGA

Free 30 min classes. Chair Yoga at 9am and Traditional Yoga at 9:30am. Limited space.

9:00 to 10:00- BALLROOM

SEVERAL DIFFERENT HEALTH PROVIDERS

- -Health Screenings
- -Health Provider Exhibits
- -Healthy Food Tastings

11:00 to 1:00- BALLROOM





Sign-up is highly recommended in the LOD office. Complimentary Hot Coffee/ Tea Service. RAFFLES, INFORMATIONAL HANDOUTS, PRIZES, & MORE!

Lakes of Delray Service & Social Club



FOOD DRIVE

To benefit the CROS MINISTRIES Food Pantry 141 SW 12th Ave, Delray Beach, FL 33444

CROS Ministries operates 7 food pantries in 15 different locations

THURSDAY APRIL 18th
FRIDAY APRIL 19th
Clubhouse Entrance from 10 a.m. -12 Noon

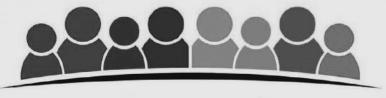
Drive up and your food donation will be off-loaded from your car.

Accepting new, unopened, non-perishable boxed/canned food.

Sorry - no glass!

Additional information please contact Harry Brudka @ 561-496-0095

Lakes of Delray Service & Social Club



COMMUNITY WIDE 6th ANNUAL

PAPER SHREDDING EVENT

WEDNESDAY APRIL 24, 2024 10:00 AM – 12 NOON POOL PARKING LOT

Open to all LOD Residents!!

Benefiting the Forgotten Soldiers Outreach Organization

"Supporting America's deployed military service members, to ensure they are not forgotten"

\$5.00 Minimum Required Donation

Drive up and your paper shredding material will be off-loaded from your car.

*PLEASE** stay in your vehicle!! Shredding done while you wait.

NO WALK UPS PLEASE!!

Priscilla Tanner 978-875-1288 Harry Brudka 561-496-0095



AN EVENING WITH TRIBUTE TO TONY BENNETT

SUNDAY

MAY 5

8PM— LOD THEATRE

Tickets on sale in the LOD office April 8th.

\$18 Entry Fee

Important Show Information:

Introducing Forte Tomasula, the incredible Tony Bennett Impersonator who prides his love in portraying many of the greats, particularly Tony Bennett. Forte has appeared on national TV show Dick Clark's "You're Big Break" on ABC as Tony Bennett, Legends In Concert Show in Atlantic City/Boca Raton Florida/Philadelphia/Las Vegas/Tropicana in Atlantic City, performed in Sandy Hackett's Rat Pack Show Niagara Falls, NY. It was there that Forte presented Tony Bennett with the song Speak to Me [original song I wrote for him.] The show tribute to Tony Bennett includes many of the big band songs like For Once in My Life/Who Can I Turn To/San Francisco/Yesterday I Heard The Rain/The Best Is Yet To Come/Stepping Out With My Baby. With over 30 years of experience with Tony Bennett's tribute, we can assure that you are in for a treat.

Tickets are sold in the LOD office in advance during office hours, 9am -4pm. All sales are final. Check or cash are the only acceptable methods of payment. Tickets can be purchased at the door. Box office opens at 7pm. Seating is assigned. NO food or beverages permitted. Dress code is enforced for this event. Dress shorts permitted. No graphic tees, beach wear, or athletic wear. Business casual.

Hurricane Preparedness Tips

GET READY FOR

HURRICANE SEASON

COME AND JOIN AN INFORMATIVE LECTURE

ANTICIPATE THE RISK

STORM SURGE - STRONG WIND - FLOODING - INTENSED RAINFALL

STOCK YOUR SUPPLIES

FOOD & WATER - MEDICINE - FULL
GAS TANK - CASH ON HAND

PLAN FOR EVACUATION

EVACUATION ZONE - ROUTES - BAG FOR SUPPLIES - PETS

This lecture is complimentary and open to all LOD residents. Instructed by Palm Beach Fire Rescue.

MONDAY, MAY 16TH AT 11AM SMALL CARD ROOM

FOOD TRUCK FRIDAY

Friday, May 24th from 12pm-3pm Poolside



Items available for Purchase. Cash/Cards Accepted.



TACOS (3)

QUESADILLAS



Chicken 4,99

Pastor 4.99

Steak

steak tacos

15.50

Slow cooked Beef Sirloin, marinated with orange juice & dry spices served with rice and beans

Grilled Chicken tacos 12.99

Marinated Chicken Breast (Pollo A La Plancha tacos) Served with rice and beans

Al pastor tacos

12.99

Marinated Pork slowly with pineapple's natural juices, spices and mild dry chiles. Served with fresh pineapple chunks, rice and beans

Birria tacos

16.50

3 Braised Beef sirloin tacos with Monterrey jack cheese, onions and cilantro, served with consomé

Carne Asada (Steak) 15,50

Flour tortilla filled with Carne Asada and melted Cheddar Monterey and chihuahua mix

Chicken

12.99

Flour tortilla filled with grilled chicken and melted cheddar Monterey and chihuahua mix cheese

Pastor

12,99

Flour tortilla quesadillas with pastor style meat & pineapple chunks with melted Cheddar Monterey and chihuahua mix cheese

Cheese Quesadilla

7,99

FLAUTAS

3 rolled crispy Chicken tacos Served with lettuce, sour cream & Cotija cheese

Green mole

is a pale green, thick sauce made from ground pumpkin seeds, green tomatoes, lettuce leaves and fresh herbs

Red mole

12,99

12,99

3 crispy chicken tacos dipped in red Mole sauce which is made of chocolate, Chilies & Mexican spices



BURRITOS

Large rolled flour tortilla filled with your choice of meat with Rice, Beans, lettuce, Sour Cream pico de gallo, cheese and guacamole

> Chicken 13,99

> Pastor 13,99 Steak

15,50

NACHOS

Cheese, carne asada (steak), chicken or Pastor nachos. Served with Beans, melted cheddar cheese, Lettuce, cotija cheese, Sour Cream & fresh Pico de Gallo and guacamole

SIDES

Chips and Guacamole 7,99

Rice and Beans

6,99



15,50