

MARIO'S MARKET BY THE GRILLS

Served by the poolside grills **from 12-3pm** on selected dates.

1st Thursdays: May 1st, June 5th, July 10th (Special Day), August 7th

SUBS: (ENTREES COME WITH A BOTTLE OF WATER)

ITALIAN \$13.99

(ham, salami, capicola, pepperoni, provolone cheese)

FIG & PROSCIUTTO \$15.99

(fresh mozzarella, roasted pepper, balsamic glaze)

ROAST BEEF & CHEDDAR \$14.99

HAM & AMERICAN CHEESE \$12.99

TURKEY & SWISS \$12.99

ALL AMERICAN \$14.99

(ham, turkey, roast beef, Swiss cheese)

GRILLED CHICKEN \$14.99

(fresh mozzarella, roasted pepper, balsamic glaze)

ALL SUBS COMES WITH LETTUCE AND TOMATO

ENTRÉE SALADS: (ENTREES COME WITH A BOTTLE OF WATER)

TOSSED SALAD \$6.99

GRILLED CHICKEN CEASAR \$10.99

GRILLED SALMON SALAD \$13.99

COLD SALADS:

COLD SALADS SOLD IN TUBS.

TUNA SALAD \$13.99 PER LB

CHICKEN SALAD \$12.99 PER LB

EGG SALAD \$12.99 PER LB

DESSERT:

Assorted Cookies & Pastries \$8.99

BEVERAGES:

Bottled Water (16oz) \$1.99

Soft Drinks (Sprite, Coke, Diet Coke) \$2.99

**SUPPLIES AVAILALE WHILE THEY LAST. MENU ITEMS ARE SUBJECT TO
CHANGE.CASH/ CARD PAYMENT METHODS ACCEPTED.**

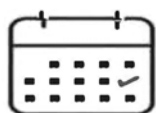


Mobile Dermatology



Hosted by Lakes of Delray

Did You Know? 1 in 5 Americans develop skin cancer by age 70.



**Friday,
May 2nd**



9:00AM-4:00PM



**Clubhouse
Parking Lot**

FAQS

- Skin cancer exams, lesion removal, acne & eczema treatment, and much more!
 - In-network with most insurance plans
 - 15 minute appointments
 - The #1 rated dermatology practice in Florida
- *according to Google Reviews

A 15-Minute Skin Cancer Exam Could Save Your Life!



Easily book an appointment by calling
(941) 444-0011 or by visiting
onspotdermatology.com/lakesdelray



**DONNA
SUMMER**

**TINA
TURNER**

MEMORY LANE PRESENTS A DYNAMIC TRIBUTE SHOW

**SUNDAY
MAY 4TH**

8PM— LOD THEATRE

**TICKETS ARE NOW ON
SALE IN THE LOD OFFICE.**

Important Show Information:

Tickets are sold in the LOD office in advance during office hours, 9am —4pm. All sales are final. Check or cash are the only acceptable methods of payment. Tickets can be purchased at the door. Box office opens at 7pm. Seating is assigned. NO food or beverages permitted. Dress code is enforced for this event. Dress shorts permitted. No graphic tees, beach wear, or athletic wear. Business casual.

The month of May just got BETTER! The #1 local Motown/party band, Memory Lane is presenting a trio group that will tribute the great Donna Summer and Tina Turner, some of the top female songstresses to pave the way for music at its finest. Grab your dancing shoes because this show will have you on your feet wanting MORE! Enjoy the classic tunes of those #1 hit songs from the good old days. This show will feature a dance pit. So boogie on down to the LOD office and purchase your tickets.

\$20 ADVANCE PRICE | \$25 DOOR PRICE

BREAKFAST & LEARN

**A SUMMER SERIES OF
COMPLIMENTARY
INFORMATIVE
LECTURES**

Tuesday, May 13th: Elder Law

New updates to living wills, power of attorneys, healthcare surrogates, trusts, and probate.

Tuesday, June 17th: Physical Therapy vs Exercise

This lecture will review the benefits of exercise versus when physical therapy is needed because of pain arises. Balance screenings as a group will be demonstrated to show everyone if there is a balance issue and if they may need therapy.

Tuesday, July 15th: Dental Care

This lecture will discuss dental health and pains that may come along the way.

Tuesday, August 12th: Best Places for Seniors to Travel

Covering all travels. Air, Riverboat, & Cruises.

Tuesday, September 16th: Podiatry

All about feet care and its importance.



**MONTHLY
Tuesdays
10AM-NOON**

**CALL THE LOD OFFICE
FOR REGISTRATION NOW!**

(561)495-1598

**FREE RAFFLE PRIZE
AT THE END OF EACH
LECTURE!**

**UPSTAIRS CLUBHOUSE
CARD ROOM
LIMITED SEATING
AVAILABLE**

**This lecture is complimentary
and is open to LOD residents
and their guests. This event
does have a limit.**

HEALTHY EATS AND TALKS ENJOY BREAKFAST WHILE YOU LEARN.

This meeting will include a healthy breakfast and assorted items. Hot Coffee/Tea service will also be included. Serve times of breakfast and beverages will be organized during the meeting.

Advance Registration is required. Registration for multiple lectures are permitted.

MAINTAIN A BALANCED LIFE





Lakes of Delray

15055 Lakes of Delray Boulevard, Delray Beach, Florida 33484 Phone: (561) 495-1598 • Fax (561) 495- 1612

WELCOME TO THE LAKES OF DELRAY MEET AND GREET

Congratulations on choosing Lakes of Delray as your new home.

Whether you are an owner or a renter, you will find LOD to be a great place to live with numerous activities to keep you busy. To help everyone acclimate to your new homes and become aware of the myriads of activities the Lakes has to offer, the Board of Directors invites you to a Meet and Greet at which several board members, our property manager, and our wonderful community volunteers will give you an introduction and brief history of the Lakes and a detailed overview of our activities.

The Meet and Greet will be offered quarterly on the third Wednesday of the month at 10:30 AM in the Small Card room in our upstairs Clubhouse.

The next meeting is **Wednesday, May 21st, 2025**

The sessions usually last an hour or so. We will be serving a Continental breakfast at the meeting and will include a tour of our Clubhouse and pool area at the end of the meeting.

Please RSVP David Passman 917-543-6661 at least three days before the event.

We look forward to meeting you and hope you can join us.

Warmest Regards,

Dave Passman

President

Lakes of Delray Board of Directors

Welcome to the LOD Theatre

Captions for the hearing impaired will be shown at all 1:30 pm movies.



May
2

I'm Still Here (Sub-Titled)

1:30pm and 7:00pm Docudrama, Period Drama

Fernanda Torres, Fernanda Montenegro, Selton Mello **PG-13** 2h 17m
Voted Best Foreign Film. Brazil, 1971: a country in the tightening grip of a military dictatorship. A mother is forced to reinvent herself when her family's life is shattered by an act of arbitrary violence. Directed by Walter Salles

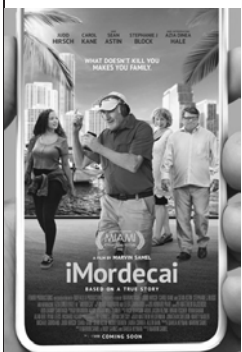


May
9

A Real Pain

1:30pm and 7:00pm Drama, Comedy

Kieran Culkin, Jesse Eisenberg **R** 1h 30m
Mismatched cousins David and Benji reunite for a tour through Poland to honor their beloved grandmother. The adventure takes a turn when the odd-couple's old tensions resurface against the backdrop of their family history. Directed by Jesse Eisenberg



May
16

iMordecai

1:30pm and 7:00pm Comedy, Drama

Judd Hirsch, Carol Kane, Sean Astin **N/R** 1h 42m
A Holocaust survivor, born and raised in a different time, must face the realities of modern world. When confronted with an unfamiliar object, an iPhone, will Mordecai be able to fit into a world that has changed so much around him? Directed by Marvin Samel



May
23

Black Bag

1:30pm and 7:00 pm Thriller, Romance, Mystery

Pierce Brosnan, Cate Blanchett, Tom Burke, Naomie Harris **R** 1h 33m
When intelligence agent Kathryn Woodhouse is suspected of betraying the nation, her husband - also a legendary agent - faces the ultimate test of whether to be loyal to his marriage, or his country. Directed by Steven Soderbergh



May
30

My Dead Friend Zoe

1:30pm and 7:00pm Comedy, Drama, War

Morgan Freeman, Ed Harris, Natalie Morales **R** 1h 43m
Engaged in a mysterious relationship with her dead best friend from the Army, a female Afghanistan veteran comes head to head with her Vietnam vet grandfather at the family's ancestral lake house. Directed by Kyle Hausmann-Stokes

SUMMER POOL

party

POOL TOYS PROVIDED! LET'S HAVE FUN!!!
PROTEIN PIT-STOP FOOD TRUCK
BITES, TREATS, & DRINKS ON- THE GO: CHURROS, ACAI BOWLS,
WAFFLES, CAKE POPS, CUBAN SANDWICH, CHICKEN PANINI, SALADS.
FOOD AVAILABLE BY PURCHASE. CASH/CARD ACCEPTED.
**MUSIC & AMBIENCE BY STEEL
DRUM PLAYER!**

FRIDAY
MAY 23
5-8PM

CLUBHOUSE MAIN POOL

FREE TO COMMUNITY RESIDENTS AND FRIENDS



BUYING OR SELLING?
CHOOSE THE #1 RESIDENT REALTOR
ED BRACHMAN

CALL ED! **LAKES OF DELRAY**
SPECIAL LISTING FEE

*I'm
Your
Neighbor*

**ED WILL MAKE IT HAPPEN! HE IS HERE
WITH YOU FULL TIME.**
TAKE THAT FIRST STEP TO SOLD!

CALL
561-613-5930
ebrachman@yahoo.com

100% SERVICE

PROFESSIONAL EXPERIENCE FOR OVER 3 DECADES

FREE STAGING AND PHOTOS

FREE PERSONAL PROPERTY/FURNITURE DISPOSAL

GLOWING REFERRALS FROM WITHIN OUR COMMUNITY

FULL MLS AND SOCIAL MEDIA MARKETING

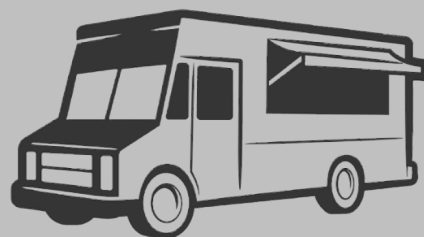
FREE ESTIMATES



SUMMER POOL PARTY FOOD TRUCK

LIGHT, HEALTHY BITES "ON-THE -GO." PERFECT TO EAT, SOCIALIZE, AND ENJOY A GOOD SWIM!

MENU



Bites On The Go

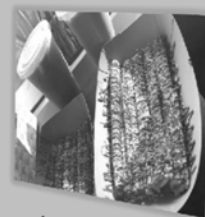
The Swole Snack – Protein Churros - 6 for \$9.00, 12 for \$15.00, Single \$3.00

(Drizzled in Nutella, Dulce de Leche, Cinnamon Sugar, and Powdered Sugar)

Grit & Grub – Protein Acai Bowl or Protein waffles \$10.00

Choose three toppings

- Bananas, Strawberries, Blueberries, Oats, Chocolate chips, Nutella, Peanut Butter, Graham, Honey



Muscle Munchies

- Protein Cake Pops 2 for \$5.00
- Protein Cupcakes 4 for \$8.00

Lift & Feast – Assorted Salads \$8.00

The Protein Pit – Cuban Sandwich \$13.00

(Pork, Mustard, Onions, Cuban Bread)

Final Lap – Chicken Panini Sandwich \$14.00

(Chicken, Lettuce, Provolone, Tomato,)



Protein Coffee

Nutritional Fact: 15g
Whey Protein
100 Calories
80mg Caffeine
1g Sugar

Protein & Regular Coffee – ICED or HOT \$3.00-\$6.00

Water & Regular Drinks - \$1.00-\$3.00

Additional Toppings - \$1.00



Please advise of any known food allergies or dietary restrictions "before" placing your order

FRIDAY, MAY 23RD 5-8PM AT THE CLUBHOUSE POOL

SUMMER POOL PARTY FOOD TRUCK

LIGHT, HEALTHY BITES "ON-THE -GO." PERFECT TO EAT, SOCIALIZE, AND ENJOY A GOOD SWIM!

MENU



Pitstop Shakes

\$9.00 24oz

Victory Lap – Birthday Cake Vanilla

Fuel-Up – Dulce de Leche

Turbo Charge – Mint Oreo

Pit Crew Power – Cookies –n- Cream

Rocky Roads – Chocolate, peanut butter, topped with graham and marshmallows

Revved Up Protein – Churro Cheesecake or Strawberry Cheesecake

Quick Lap – Chocolate

Pitstop Power-Up – Banana Salted Caramel

Engineered Energy Drinks

\$9.00 32oz

Pitstop Performance – Blend of Blueberries, and blackberries

Turbo Fuel Blend - Mango and Strawberries

Full Throttle Fuel – Green Apple

Race Day Refuel – Cherry, and Blue Raspberry

Nitro Boost – Pineapple, Mango, Strawberry

The Protein Rush – Peach, Mango, Strawberry, and Pineapple

Speed Racer – Strawberry Lemonade

Sparked – Berries, and grape

Shakes Nutritional Fact:

200 Calories 18g
Carbs Protein 24 – 50g
8g Sugars
1Billion Probiotics



Did You Know?

Our Energy Drinks will give you lots of added benefits:

- Antioxidants
- B Vitamins
- Aloe for Digestive & Gut Health
- Speeds Metabolism
- Penax Ginseng Root for Mental Clarity
- Boost of Caffeine



Please advise of any known food allergies or dietary restrictions
"before" placing your order



FRIDAY, MAY 23RD 5-8PM AT THE CLUBHOUSE POOL

Lakes of Delray
Service & Social Club



Mother's & Father's Day Brunch

*Join us for this celebration to
honor Mothers and Fathers*

June 1st, 11am - 1:00 pm

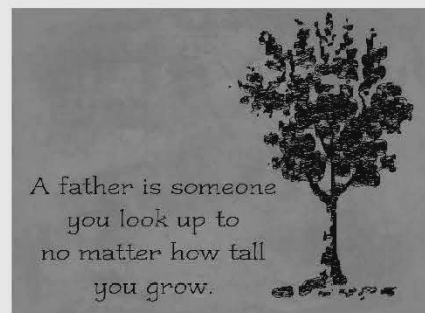
Delray Beach Golf Club

Entertainment Provided by Sylvia Baird

Tickets: \$25 Members, \$30 Non-Members (checks only)

(No Refunds After May 21st)

On Sale Poolside May 5th & May 12th from 11-12:30



Leslie Callanan

(617)272-5011

Lynn Tarant

(201) 522-8654

LAKES OF DELRAY PRESENTS



**\$10
ENTRY**

Food and drinks permitted at this event. LOD to provide coffee/tea service. Tickets can be purchased at the door at 5:30pm.

Drinking is not required to play trivia and games are not based on drinking.

THINK AND DRINK TRIVIA NIGHT

THURSDAY, JUNE 12TH

6:00- 8:00PM

**WIN PRIZES | ALL SUPPLIES INCLUDED
"BYOB" BRING YOUR OWN BOOZE
A TO Z: EVERY QUESTION IMAGINABLE!**

DOORS CLOSE AT 6:15PM. NO SALES AFTER THIS TIME.

**HOSTED BY
THINK & DRINK
TRIVIA**



NON-STOP LAUGHS
for Single, Divorced, &
Devoted Couples!

*"A Very Funny Show About
Marriage and Relationships.
Go See it!"*

*-Ray Ramano
Everybody Loves Raymond*



The Hilarious Off-Broadway
Valentines' Day Comedy Has Arrived!

PETER FOGEL'S
**"'TIL DEATH
DO US PART
...YOU FIRST!"™**
She's Romantic. He's Hopeless.

Written & Performed by Peter Fogel



*"Uproarious Belly Laughs!
A powerhouse on Stage!
Fogel Captivates His Audience
with Wacky Character & Bold
Gestures!"*

- Broadwayworld.com



Directed by
Academy Award Nominee
CHAZZ PALMINTERI

SUNDAY AT 8PM
JUNE 22ND

NOW ON SALE!
\$20 ADVANCE PRICE
\$25 DOOR PRICE

SHOW IS HELD IN THE LOD THEATRE

ALL SALES ARE FINAL. CHECK, CARD, AND CASH ARE ACCEPTABLE METHODS OF PAYMENT. TICKETS CAN BE PURCHASED AT THE DOOR. BOX OFFICE OPENS AT 7PM. DRESS CODE IS ENFORCED FOR THIS EVENT. DRESS SHORTS PERMITTED. NO GRAPHIC TEES, BEACH WEAR, OR ATHLETIC WEAR. BUSINESS CASUAL. NO FOOD/BEVERAGE PERMITTED AT THIS EVENT.

LOD SUMMER GAME DAY

An afternoon of games among your LOD neighbors. All board games permitted.

Monday, June 23rd, 2025
12:30-4pm | Large Card Room

Open to ALL. "Bring your Own Group"

Don't have a full table? We'll try to put groups together.
Assorted Snacks, Fresh Fruit, Bottled Waters, and Hot
Beverages Provided.

**Poolside Ticket Sales on Monday, May 19th from
11am-1pm and Friday, June 6th from 11am-1pm**

\$5 Per Player

Cash and/or checks accepted. Checks payable to LOD

Additional Information, please contact:

Georgia at: 561-901-0883

50/50 Raffle